



THE DAILY OFFICE FOR THE FOURTH WEEK IN LENT

Friday, March 27th, 2020 – Year: 2 – Page 955 BCP

MORNING PRAYER – RITE TWO

Beginning on page 76 BCP – Friday, March 27, 2020

The Officiant begins the service with this sentence – The officiant will be a member of your family.

Lent

Officiant: To the Lord our God belong mercy and forgiveness, because we have rebelled against him and have not obeyed the voice of the Lord our God by following his laws which he set before us.

Daniel 9:9, 10.

The following Confession of Sin may then be said;

Confession of Sin – Page 79 BCP

The Officiant says to the people

Officiant: Let us confess our sins against God and our neighbor.

Silence may be kept.

Officiant and People say together – Page 79 BCP

Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry

and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

A lay person says the following – Page 80 BCP

Almighty God have mercy on *us*, forgive *us* all *our* sins through *our* Lord Jesus Christ, strengthen *us* in all goodness, and by the power of the Holy Spirit keep *us* in eternal life.

People: Amen.

The Invitatory and Psalter – Page 80 BCP

All stand

Officiant: Lord, open our lips.

People: And our mouth shall proclaim your praise.

Officiant and People

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be for ever. Amen.

In Lent – Page 81 BCP

Officiant: The Lord is full of compassion and mercy:

People: Come let us adore him.

Venite *Psalm 95:1-7 – Page 82 BCP*

Officiant: Let us say the Venite together

Come, let us sing to the Lord; * let us shout for joy to the Rock of our salvation. Let us come before his presence with thanksgiving * and raise a loud shout to him with psalms. For the Lord is a great God, * and a great King above all gods. In his hand are the caverns of the earth, * and the heights of the hills are his also. The sea is his, for he made it, * and his hands have molded the dry land. Come, let us bow down, and bend the knee, * and kneel

before the Lord our Maker. For he is our God, and we are the people of his pasture and the sheep of his hand. *

Then follows

The Psalm Appointed – (Week of 4 Lent – Friday, March 27, 2020 – Pg. 955 BCP)

Psalm 102:1-29

Officiant: We will read Psalm 102 together.

A prayer of one afflicted, when faint and pleading before the LORD.

¹ Hear my prayer, O LORD; let my cry come to you. ² Do not hide your face from me in the day of my distress. Incline your ear to me; answer me speedily in the day when I call. ³ For my days pass away like smoke, and my bones burn like a furnace. ⁴ My heart is stricken and withered like grass; I am too wasted to eat my bread. ⁵ Because of my loud groaning my bones cling to my skin. ⁶ I am like an owl of the wilderness, like a little owl of the waste places. ⁷ I lie awake; I am like a lonely bird on the housetop. ⁸ All day long my enemies taunt me; those who deride me use my name for a curse. ⁹ For I eat ashes like bread, and mingle tears with my drink, ¹⁰ because of your indignation and anger; for you have lifted me up and thrown me aside. ¹¹ My days are like an evening shadow; I wither away like grass. ¹² But you, O LORD, are enthroned forever; your name endures to all generations. ¹³ You will rise up and have compassion on Zion, for it is time to favor it; the appointed time has come. ¹⁴ For your servants hold its stones dear, and have pity on its dust. ¹⁵ The nations will fear the name of the LORD, and all the kings of the earth your glory. ¹⁶ For the LORD will build up Zion; he will appear in his glory. ¹⁷ He will regard the prayer of the destitute, and will not despise their prayer.

¹⁸ Let this be recorded for a generation to come, so that a people yet unborn may praise the LORD: ¹⁹ that he looked down from his

holy height, from heaven the LORD looked at the earth, ²⁰ to hear the groans of the prisoners, to set free those who were doomed to die; ²¹ so that the name of the LORD may be declared in Zion, and his praise in Jerusalem, ²² when peoples gather together, and kingdoms, to worship the LORD. ²³ He has broken my strength in midcourse; he has shortened my days. ²⁴ "O my God," I say, "do not take me away at the midpoint of my life, you whose years endure throughout all generations."

²⁵ Long ago you laid the foundation of the earth, and the heavens are the work of your hands. ²⁶ They will perish, but you endure; they will all wear out like a garment. You change them like clothing, and they pass away; ²⁷ but you are the same, and your years have no end. ²⁸ The children of your servants shall live secure; their offspring shall be established in your presence.

All: Glory to the Father, and to the Son, and to the Holy Spirit: *
as it was in the beginning, is now, and will be for ever. Amen.

The Lessons - (4th Lent – Friday, March 27, 2020 - Page 955 BCP)

Old Testament Lesson – Exodus 2:1-22

Reader: A reading from the Book of Exodus

Birth and Youth of Moses

1. Now a man from the house of Levi went and married a Levite woman.
2. The woman conceived and bore a son; and when she saw that he was a fine baby, she hid him three months. 3. When she could hide him no longer she got a papyrus basket for him, and plastered it with bitumen and pitch; she put the child in it and placed it among the reeds on the bank of the river.
4. His sister stood at a distance, to see what would happen to him.
5. The daughter of Pharaoh came down to bathe at the river, while her attendants walked beside the river. She saw the basket among the reeds and sent her maid to bring it. 6. When she opened it, she saw the child. He was crying, and she took pity on him, "This must be one of the Hebrews' children," she said. 7. Then his sister said to Pharaoh's daughter, "Shall I go and get you a nurse from the Hebrew women to nurse the child for you?"
8. Pharaoh's daughter said to her, "Yes." So the girl went and called the

child's mother. 9. Pharaoh's daughter said to her, "Take this child and nurse it for me, and I will give you your wages." So the woman took the child and nursed it. 10. When the child grew up, she brought him to Pharaoh's daughter, and she took him as her son. She named him Moses, "because," she said, "I drew him out of the water."

Moses Flees to Midian

11. One day, after Moses had grown up, he went out to his people and saw their forced labor. He saw an Egyptian beating a Hebrew, one of his kinsfolk. 12. He looked this way and that, and seeing no one he killed the Egyptian and hid him in the sand. 13. When he went out the next day, he saw two Hebrews fighting; and he said to the one who was in the wrong, "Why do you strike your fellow Hebrew?" 14. He answered, "Who made you a ruler and judge over us? Do you mean to kill me as you killed the Egyptian?" Then Moses was afraid and thought, "Surely the thing is known." 15. When Pharaoh heard of it, he sought to kill Moses. But Moses fled from Pharaoh. He settled in the land of Midian, and sat down by a well. 16. The priest of Midian had seven daughters. They came to draw water, and filled the troughs to water their father's flock. 17. But some shepherds came and drove them away. Moses got up and came to their defense and watered their flock. 18. When they returned to their father Reuel, he said, "How is it that you have come back so soon today?" 19. They said, "An Egyptian helped us against the shepherds; he even drew water for us and watered the flock." 20. He said to his daughters, "Where is he? Why did you leave the man? Invite him to break bread." 21. Moses agreed to stay with the man, and he gave Moses his daughter Zipporah in marriage. 22. She bore a son, and he

named him Gershom; for he said, "I have been an alien residing in a foreign land."

(Silence)

Reader: The Word of the Lord.

People: Thanks be to God.

Canticle 14 - A Song of Penitence – Page 90 BCP

Especially suitable in Lent, and on other penitential occasions

Officiant: Let us read Canticle 14 together

O Lord and Ruler of the hosts of heaven, * God of Abraham, Isaac, and Jacob, and of all their righteous offspring: You made the heavens and the earth, * with all their vast array. All things quake with fear at your presence; * they tremble because of your power. But your merciful promise is beyond all measure; * it surpasses all that our minds can fathom. O Lord, you are full of compassion, * long-suffering, and abounding in mercy. You hold back your hand; * you do not punish as we deserve. In your great goodness, Lord, you have promised forgiveness to sinners, * that they may repent of their sin and be saved. And now, O Lord, I bend the knee of my heart, * and make my appeal, sure of your gracious goodness. I have sinned, O Lord, I have sinned, * and I know my wickedness only too well. Therefore I make this prayer to you: * Forgive me, Lord, forgive me. Do not let me perish in my sin, * nor condemn me to the depths of the earth. For you, O Lord, are the God of those who repent, * and in me you will show forth your goodness. Unworthy as I am, you will save me, in accordance with your great mercy, * and I will praise you without ceasing all the days of my life. For all the powers of heaven sing your praises, * and yours is the glory to ages of ages. Amen.

**Glory to the Father, and to the Son, and to the Holy Spirit: *
as it was in the beginning, is now, and will be for ever. Amen.**

The Epistle – 1 Corinthians 12:27-31 – 13:1-3

Reader: A reading from Paul's First Letter to the Corinthians

27. Now you are the body of Christ and individually members of it. 28 And God has appointed in the church first apostles, second prophets, third teachers; then deeds of power, then gifts of healing, forms of assistance, forms of leadership, various kinds of tongues. 29. Are all apostles? Are all prophets? Are all teachers? Do all work miracles? 30. Do all possess gifts of healing? Do all speak in tongues? Do all interpret? 31 But strive for the greater gifts. And I will show you a still more excellent way.

The Gift of Love

13:1. If I speak in the tongues of mortals and of angels, but do not have love, I am a noisy gong or a clanging cymbal. 2. And if I have prophetic powers, and understand all mysteries and all knowledge, and if I have all faith, so as to remove mountains, but do not have love, I am nothing. 3. If I give away all my possessions, and if I hand over my body so that I may boast, but do not have love, I gain nothing. (*Silence*)

Reader: The Word of the Lord.

People: Thanks be to God.

Canticle 18 – A Song of The Lamb – Page 93 - BCP

Revelation 4:11; 5:9-10, 13

Officiant: Let us read Canticle 18 together

Splendor and honor and kingly power* are yours by right, O Lord our God, For you created everything that is,* and by your will they were created and have their being; And yours by right, O Lamb that was slain,* for with your blood you have redeemed for God, From every family, language, people, and nation,* a kingdom of priests to serve our God. And so, to him who sits upon the throne, *and to Christ the Lamb, Be worship and praise, dominion and splendor,* for ever and for evermore.

**Glory to the Father, and to the Son, and to the Holy Spirit: *
as it was in the beginning, is now, and will be for ever. Amen.**

The Apostles' Creed

Officiant: Let us say the Apostles' Creed together

**I believe in God, the Father almighty, creator of heaven and earth;
I believe in Jesus Christ, his only Son, our Lord. He was conceived
by the power of the Holy Spirit and born of the Virgin Mary. He
suffered under Pontius Pilate, was crucified, died, and was buried.
He descended to the dead. On the third day he rose again. He
ascended into heaven, and is seated at the right hand of the Father.
He will come again to judge the living and the dead. I believe in the
Holy Spirit, the holy catholic Church, the communion of saints, the
forgiveness of sins the resurrection of the body, and the life
everlasting. Amen.**

The Prayers

Officiant : The Lord be with you.

People: And also with you.

Officiant : Let us pray.

Officiant and People

**Our Father, who art in heaven, hallowed be thy Name,
thy kingdom come, thy will be done, on earth as it is in heaven.
Give us this day our daily bread. And forgive us our trespasses,
as we forgive those who trespass against us. And lead us not into
temptation, but deliver us from evil. For thine is the kingdom, and
the power, and the glory, for ever and ever. Amen.**

The Suffrage: B – Page 98 BCP

Officiant: Save your people, Lord, and bless your inheritance;

People: Govern and uphold them, now and always.

Officiant: Day by day we bless you;

People: We praise your name for ever.

Officiant: Lord, keep us from all sin today;
People: Have mercy upon us, Lord, have mercy.
Officiant: Lord, show us your love and mercy;
People: For we put our trust in you.
Officiant: In you, Lord, is our hope;
People: And we shall never hope in vain.

*The Officiant then says the following Collects, beginning with the Collect of the Day.
Family members may also take turns praying these prayers.*

Fourth Sunday in Lent – Page 219 BCP

Gracious Father, whose blessed Son Jesus Christ came down from heaven to be the true bread which gives life to the world: Evermore give us this bread, that he may live in us, and we in him; who lives and reigns with you and the Holy Spirit, one God, now and for ever. *Amen.*

Ash Wednesday – Page 217 BCP

Almighty and everlasting God, you hate nothing you have made and forgive the sins of all who are penitent: Create and make in us new and contrite hearts, that we, worthily lamenting our sins and acknowledging our wretchedness, may obtain of you, the God of all mercy, perfect remission and forgiveness; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. *Amen.*

Prayers to begin each day during this time

Most loving Father, whose will it is for us to give thanks for all things, to fear nothing but the loss of you, and to cast all our care on you who care for us: Preserve us from faithless fears and worldly anxieties, that no clouds of this mortal life may hide from us the light of that love which is immortal, and which you have manifested to us in your Son Jesus Christ our Lord; who lives and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen.**

A Prayer for a Pandemic

May we who are merely inconvenienced remember those whose lives are at stake. May we who have no risk factors remember those most vulnerable. May we who have the luxury of working from home remember those who must choose between preserving their health or making their rent. May we who have the flexibility to care for our children when their schools close remember those children who will go hungry with no school meals. May we who have to cancel our trips remember those with no place to go. May we who are losing our margin money in the tumult of the economic market remember those who have no margin at all. May we who settle in for quarantine at home remember those who have no home. As fear grips our country let us choose love. During this time when we cannot physically wrap our arms around each other let us yet find ways to be the loving embrace of God to our neighbour. Through Jesus Christ our Saviour, whose arms of love embrace us all. **Amen.** *Cameron Wiggins Bellm (alt.)*

A prayer about the Coronavirus Outbreak

Keep us, good Lord, under the shadow of your mercy in this time of uncertainty and distress. Sustain and support the anxious and fearful, and lift up all who are brought low; that we may rejoice in your comfort knowing that nothing can separate us from your love in Christ Jesus our Lord. **Amen.**

A Prayer in Confusion

O God, who brought us to birth, and in whose arms we die: in our grief and shock contain and comfort us; embrace us with your love, give us hope in our confusion, and grace to let go into new life; through Jesus Christ. **Amen.** *By Janet Morley*

For Those in Isolation

God of compassion be close to those who are ill, afraid, or in isolation, especially members of the Church of the Incarnation. In their loneliness, be their consolation; in their anxiety, be their hope; in their darkness, be their light; through him who suffered alone on the cross, but reigns with you in glory, Jesus Christ our Lord. **Amen.**

A Collect for Grace – Page 100 BCP

Lord God, almighty and everlasting Father, you have brought us in safety to this new day: Preserve us with your mighty power, that we may not fall into sin, nor be overcome by adversity; and in all we do, direct us to the fulfilling of your purpose; through Jesus Christ our Lord. *Amen.*

A Collect for Guidance - Page 100 BCP

Heavenly Father, in you we live and move and have our being: We humbly pray you so to guide and govern us by your Holy Spirit, that in all the cares and occupations of our life we may not forget you, but may remember that we are ever walking in your sight; through Jesus Christ our Lord. *Amen.*

A Prayer for Mission – Page 100 BCP

Almighty and everlasting God, by whose Spirit the whole body of your faithful people is governed and sanctified: Receive our supplications and prayers which we offer before you for all members of your holy Church, that in their vocation and ministry they may truly and devoutly serve you; through our Lord and Savior Jesus Christ. *Amen.*

Please offer your prayers of intercessions and thanksgiving.

At the close of the office these prayers are said

The General Thanksgiving – Page 101 BCP

Officiant and People

Almighty God, Father of all mercies, we your unworthy servants give you humble thanks for all your goodness and loving-kindness to us and to all whom you have made. We bless you for our creation, preservation, and all the blessings of this life; but above all for your immeasurable love in the redemption of the world by our Lord Jesus Christ; for the means of grace, and for the hope of glory. And, we pray, give us such an awareness of your mercies, that with truly thankful hearts we may show forth your praise, not only with our lips, but in our lives, by giving up our selves to your service, and by walking before you in holiness and righteousness

all our days; through Jesus Christ our Lord, to whom, with you and the Holy Spirit, be honor and glory throughout all ages. Amen.

A Prayer of St. Chrysostom – Page 102 BCP

Almighty God, you have given us grace at this time with one accord to make our common supplication to you; and you have promised through your well-beloved Son that when two or three are gathered together in his Name you will be in the midst of them: Fulfill now, O Lord, our desires and petitions as may be best for us; granting us in this world knowledge of your truth, and in the age to come life everlasting. *Amen.*

Then is said

Officiant: Let us bless the Lord.

People: *Thanks be to God.*

The Officiant then concludes with the following

Officiant: Glory to God whose power, working in us, can do infinitely more than we can ask or imagine: Glory to him from generation to generation in the Church, and in Christ Jesus for ever and ever. *Ephesians 3:20,21*

People: *Amen.*

THE END OF FRIDAY'S MORNING PRAYER

